**Unit 3: Developmental Psychology (7-9% of AP Exam)**

**SSPBC3: Describe behavioral, social, and cognitive changes from the prenatal period throughout the life span.**

a. Chart physical changes of a human being from conception through late adulthood.

b. Explain the developmental models of Freud, Piaget, Kholberg, and Erikson.

c. Compare and contrast the theories of language and language acquisition: include Chomsky, Skinner, and Whorf.

d. Describe the role of critical periods in development.

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|  | Define | Advantages | Disadvantages |
| Cross-SectionalDesign | *See Below* |  | *(Cohort effect; see below)* |
| LongitudinalDesign | *See Below* |  |  |
| Cohort Effect: The effect that having been born in a certain time, region, period or having experienced the same life experience (in the same time period) has on the development or perceptions of a particular group. These perceptions, characteristics or effects are unique to the group in question. |



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| **Prenatal Developmental Stages (ZEF)** |
| Zygote |  |
| Embryo |  |
| Fetus |  |

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| **Problems with Development** |
| Teratogens |  |
| Fetal Alcohol Syndrome |  |
| **Type of Innate Reflexes** |
| Rooting Reflex |  |
| Gripping Reflex |  |
| Moro Reflex |  |
| **Types of Temperament** |
| Easy Children |  |
| Slow-To-Warm-Up Children |  |
| Difficult Children |  |

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| **Habituation** |
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Sensory Adaptation: When receptors **stop** responding to stimuli; messages are not sent to the brain. (*physiological*)

Habituation: Receptors receive information and send to the brain, but the signals are **blocked** from the cortex. (*psychological*)

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| **Physical Development** |
| Maturation |  |
| Neural Networks Develop: *The brain and its many connections develop at exponential rates early in life. Higher rates of neural networks are correlated with higher levels of nurturing in the first months.* |
| Synaptic Pruning |  |

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| **Physical Development** |
| Cephalocaudal trend |  |
| Proximodistal trend |  |

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| **Jean Piaget and Cognitive Development Key Terms** |
| Schema |  |
| Assimilation |  |
| Accommodation |  |
| **Piaget’s Stages of Cognitive Development (Some People Can Fly)** |
| Stage | Ages | Milestones |
| **Sensorimotor** |  | Define: |
| Object Permanence (characteristic and mastered): |
| **Preoperational**(*representing things with words and images but lacking logical and scientific reasoning*) |  | Symbolic play (characteristics):  |
| Egocentrism (characteristic): |
| Animism (characteristic): |
| Artificialism (characteristic): an assumption that conscious entities make and are responsible for anything that exists *(everything in existence was made by humans or a higher power, i.e. trees, lakes, animals, etc.)* |
| **Concrete Operational**(*gain the mental operations that enable them to think logically about actual ( or concrete) events*) |  | Conservation (lacking in preoperational, mastered in concrete):*(Children master conservation of mass, volume, area and number)* |
| Reversibility (mastered): |
| Centration (mastered, called Decentration):*(i.e. Preoperational children think in one-dimension: cannot compare short and fat to tall and thin simultaneously. Concrete are more 2-dimensional.)* |
| **Formal Operational** |  | Main characteristics: |

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| **Lev Vygotsky’s Social-Cultural Development** |
| Define | Cognitive development is fueled by **social interactions** with parents, teachers and other children. (*i.e. culture and language shape cognitive growth*) |
| Zone of Proximal Development (ZPD) | Example on next page |





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Theory of Mind (at right)

Theory of mind is the ability to attribute mental states — beliefs, intents, desires, pretending, knowledge, etc. — to oneself and others and to understand that others have beliefs, desires, intentions, and perspectives that are **different** from one's own.

Attachment: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| **Harry Harlow’s Experiment with Attachment (Rhesus Monkeys)** |
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 Wire mother; with food

Cloth mother; no food

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| **Mary Ainsworth’s Patterns of Attachment** |
| “The Strange Situation” | *In this infants are exposed to series of eight separation and reunion episodes to assess the quality of attachment.* (***separation anxiety***) |
|  | When Mother Leaves: | Interaction with Caregiver: | When Mother Returned: |
| Secure Attachment |  |  |  |
|  | When Mother Leaves: | Interaction with Caregiver: | When Mother Returned: |
| Insecure attachment:anxious |  |  |  |
| Insecure attachment:avoidant |  |  |  |
| Insecure attachment:disorganized | N/A | N/A |  |

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| **Konrad Lorenz** |
| Imprinting and Familiarity | Impact of a **Critical Period** on Imprinting |
|  | A period during someone's development in which a particular skill or characteristic is believed to be most readily acquired. (Lorenz’ geese had 13-16 hour critical period after hatching.) |

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| **Diana Baumrind and Parenting Styles** |
| Parenting Styles | Description of Parenting Style | Children Tend to Be… |
| Authoritarian |  |  |
| Permissive |  |  |
| Authoritative |  |  |
| **Freud’s Psychosexual Development (Focuses on the Libido: Sexual Energy)** |
| Stage | Ages | Erogenous Zone | Consequences of Fixation |
| Oral |  |  |  |
| Anal |  |  |  |
| Phallic |  |  |  |
| Latency |  |  |  |
| Genital |  |  |  |
| **Erik Erikson’s Psychosocial Development (Neo-Freudian)** |
| Conflict | Ages/Period | Example of the Conflict | Positive Resolution |
| Trust v. Mistrust |  |  | *Sense of security* |
| Autonomy v. Shame and Doubt |  |  | *Sense of independence* |
| Initiative v. Guilt |  |  | *Balance between spontaneity and restraint* |
| Industry v. Inferiority |  |  | *Sense of self-confidence* |
| Identity v. Role Confusion |  |  | *Unified sense of self* |
| Intimacy v. Isolation |  |  | *Form close personal relationships* |
| Generativity v. Stagnation |  |  | *Promote well-being of others* |
| Integrity v. Despair |  |  | *Sense of satisfaction with life well lived* |

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| **Types of Conflict** |
| Approach-Approach |  |
| Approach-Avoidance |  |
| Avoidance-Avoidance |  |
| Multiple approach-approach |  |

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| **Lawrence Kohlberg’s Levels of Morality (6 Stages)** |
| Preconventional |  |
| Conventional |  |
| Postconventional |  |



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| **Summarize the differences in morality based on sex/gender according to Carol Gilligan** |
| Men (Kohlberg) base morality on: | Women (Gilligan) base morality on: |
| 1. logic2. individualism3. protecting the rights of those individuals4. upholding of justice | Androgyny is the best way to realize one’s potential as a human being. |

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| **Physical Changes in Adolescence** |
| Adolescence |  |
| Primary Sex Characteristics |  |
| Secondary Sex Characteristics |  |

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| **Cognitive Changes in Adolescence** |
| Most cognitive change occurs in the *prefrontal cortex*; the last part of the brain to fully mature. The PFC is crucial to high-level cognitive functions such as planning, organizing and response inhibition. |
| David Elkind’s “personal fable” |  |
| Consequences of personal fables | Consequence: |
| Consequence: |
| **Developmental Tasks of Early Adulthood (David Havighurst)** |
| 1 |  |
| 2 |  |
| 3 |  |
| 4 |  |
| 5 |  |
| 6 |  |
| 7 |  |
| 8 |  |

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| **Daniel Levinson’s “Life Structure”: Four Seasonal Cycles** |
| Preadulthood |  |
| Early adulthood |  |
| Middle adulthood |  |
| Late adulthood |  |

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| **Marriage and Divorce** |
| What are the current divorce rates in the US? |  |
| What age group is most likely to divorce? |  |
| Should couples cohabitate before marriage? Explain. |  |
| Describe the empty-nest syndrome and its impact on a marriage |  |
| **Cognitive Changes in Adulthood** |
| Type of Intelligence | Define | What Happens to it as we age? |
| **Fluid Intelligence** |  |  |
| **Crystallized Intelligence** |  |  |

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| **The Five Stages of Dying (Elisabeth Kubler-Ross)** |
| Denial |  |
| Anger |  |
| Bargaining |  |
| Depression |  |
| Acceptance |  |